

**Governor's Office of Homeland Security
and Emergency Preparedness**
State of Louisiana

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More Dangerous Heat Covers Louisiana

BATON ROUGE (July 20, 2016) – More dangerous heat levels are expected across the state this week. The Governor's Office of Homeland Security and Emergency Preparedness (GOHSEP) is urging everyone to use caution. The National Weather Service (NWS) forecast calls for temperatures ranging from the upper-90's to near 100 degrees. When combined with humidity, heat indices will range from 105 to 110 degrees.

"Forecasters say a high pressure ridge and high temperatures have created a heat dome over much of the country, including Louisiana," said GOHSEP Director Jim Waskom. "The atmospheric conditions do not allow the heat to escape which creates dangerous temperatures. Use caution when you are outdoors. Some heat related advisories are already in effect in Louisiana. Look for other important information from your local weather experts and the National Weather Service."

Heat safety tips from the NWS:

- **Job Sites-** Stay hydrated and take breaks in the shade as often as possible.
- **Indoors-** Check on the elderly, sick and those without AC.
- **Vehicles-** Never leave kids or pets unattended (Look before you lock.)
- **Outdoors-** Limit strenuous outdoor activities, find shade and stay hydrated.

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Find more tips on weather and preparedness on GOHSEP's Facebook and Twitter accounts. You can receive emergency alerts on most smartphones and tablets by downloading the new Alert FM App. It is free for basic service. You can also download the Louisiana Emergency Preparedness Guide and find other information at www.getagameplan.org.

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